

A 3-Step Caring Process

1

INITIAL ASSESSMENT

While we can provide care at any stage of a person's life... from infancy through adulthood to the final stages of life... we always seek to ensure that we match our care to a client's exact needs. In order to assess these needs we spend time with the client and their family to get a thorough understanding of their current situation and medical history. This gives us a clear insight into the type(s) of care needed.

Assessments can be carried out in the home or in any other setting prior to being discharged. During this assessment we also conduct a home assessment to ensure that the client's home environment is suitable to meet the care needs.

Person-Centred Care

2

CARE PLAN

Once the initial assessment is complete our Home Care Manager develops a plan of care in conjunction with the person who needs care and the family, if applicable, taking account of the person's ability, interests, and personality. We then match the carer(s) to the person as much as to the need. We discuss cost and circumstances and we explain how care cost can be offset against tax.

An Open, Informative & Thorough Process

3

CARE DELIVERY & QUALITY

Our care plan is solution focused. It can address a specific care need or it can be an amalgamation of a number of care types: Physical, Social, Psychological or Environmental Support Care. It's all based on the person's unique needs, identified by our Home Care Manager during the initial assessment. We continually monitor and evaluate how our care is being delivered and received and can adjust or reduce care and hours as and when required.

Continuous Monitoring Guaranteed



Cregg Medical - Equipment

Our sister company Cregg Medical assists us in providing a highly complementary and comprehensive holistic model of care whereby we can meet the needs of service users in the home, hospital or nursing home environments with a broad range of medical equipment. Our specialist area of expertise is pressure ulcer management and maintaining skin integrity.

We specialise in particular in supplying and installing:

- + Electric Beds
- + Foam & Air Mattresses
- + Hoists & Slings
- + Chairs (showers/commode)
- + Comfort Seating
- + Other furniture as required

We can provide such equipment on a rental or purchase basis and will deliver the equipment to the required location. We can also organise product demonstrations, if required. For more info please email: info@creggmedical.ie

Creating an environment that reduces pain and discomfort

Next Steps

Want to find out more about our services & how we can help you?

1. Just call either of the numbers below or email us and we will get back to you the same day / within 24 hours.
2. We will gladly discuss your needs with you and we will provide a free confidential consultation in your own home at a time that suits you.

Our carers are highly trained, experienced and passionate about their jobs and the care they give. They will be trained to meet the specific needs of each service user and you will be given an opportunity to meet your carer(s) before the start of your care.



Call us today for a free consultation

Shannon Office
T: 061 479003
E: cayteam@careaboutyou.ie

Galway Office
T: 091 771775
E: west@careaboutyou.ie

Athlone Office
T: 09064 79804
E: midlands@careaboutyou.ie

Cork Office
T: 021 4217080
E: ck@careaboutyou.ie

www.careaboutyou.ie



Independence & Holistic Care in the Home & in the Community

www.careaboutyou.ie



Caring... for You

Care About You is a 100% Irish-owned company providing a full range of Assisted Living, Home Care and Respite Care for Children, Adults and Older People with physical, social or psychological needs. Our Vision is...To provide person-centred care to enhance the quality of a person's life in their home and within their community.

Whether you need help 1 hour a week or 24 hours a day, 7 days a week, **Care About You** can provide a tailored service to meet your requirements in your own home.

Care About You has a highly experienced team of professionals who will gladly sit down with you to understand your particular needs and deliver a flexible personalised care plan just for You. We pride ourselves on the quality of our work, as described by our customers:

"**Care About You** provide a very flexible, caring and professional service."

We also support carers by providing a respite service allowing them to go about their daily activities or to meet regular appointments, go on holiday etc.

Benefits of Home Care include:

1. Studies show that older people prefer to be cared for and are happier in their own home.
2. Greater independence for service users in managing their own lives.
3. Greater opportunities to remain socially engaged and active within your own community.
4. An opportunity for carers to get much-needed support.

Care of Older People

We can provide comprehensive care in the home or in the community to meet the physical, social & psychological needs of older people e.g.:

PHYSICAL NEEDS

- + Washing
- + Dressing
- + Lifting
- + Personal Care
- + Mobility
- + Preparing Meals
- + Medication supervision etc.

SOCIAL INTERACTION

We can help maximise your social engagement and participation in activities and minimise the impact of loneliness, being afraid or unable to cope alone.

Examples of services provided include:

- + Conversation & companionship
- + Mental & physical stimulation
- + Organising & planning daily activities
- + Cleaning & laundry in the home
- + Accompaniment to social activities
- + Assistance with medication, shopping, pets etc

Never feel Alone or Unable to Cope



Disability Support - Children & Adults

We provide both Home Care and Respite Care to family caregivers in order to enable children and adults with mild to advanced levels of disability to live independent lives. Personalised care plans are developed by our highly trained staff based on an individual assessment of needs. Respite care can be provided in the individual's home or in the community.

Types of disability supported include:

- + Physical Disabilities (hearing, visual impairment, limbs etc.)
- + Medical (diabetes, cancer, respiratory etc.)
- + Intellectual and Learning difficulties
- + Processing Disorders (sensory, auditory, visual)
- + Challenging Behaviours
- + Other Mental Disorders (Bipolar, Anxiety etc.)

Resources provided can include:

- + Care Assistants
- + Social Care Workers
- + Nurses
- + Specialist Care Staff
- + Personal Assistants

Caring about the Well-Being of all Family Members

Specialist Care & Advanced Home Care

We also offer Advanced Home Care & Transition Services to ensure a service user with complex medical needs can leave hospital at the earliest opportunity that it is safe to do so. We can provide experienced highly qualified staff with a variety of skills and competencies, who can provide individual assessments and services, which include:

- + Catheter Care
- + Wound Care
- + Tracheostomy Care
- + Home Oxygen
- + Bowel Management
- + Respiratory Care
- + Acquired Brain Injury & other complex conditions

We can also provide Specialist Care Services in areas such as:

- + Palliative Care
- + Depression
- + Autism Spectrum Disorders including Asperger's etc.
- + Challenging behaviours
- + ADD / ADHD
- + Dementia
- + Learning difficulties

...and a lot more

...utilising specially trained Carers, Nurses, Psychologists, Occupational Therapists, Speech & Language Therapists etc.

